Classes Designed Specifically for the Needs of Adoptive Parents

Adoption is a lifelong journey. Regardless of what stage of the process families are in, our Education Series is designed to offer resources and discussions vital to properly equipping adoptive parents.

Prenatal Drug and Alcohol Exposure - $25/person and $35/couple

AFTH wants families to make informed decisions when completing their profile keys and this is a great opportunity to listen to medical professionals weigh in on prenatal exposure to drugs and alcohol. It’s up to each families to decide what situations they are best suited for however many families have walked away from these specific classes feeling more comfortable opening up their key in new ways. Bring any questions you may have for the doctors.

Central PA & Wynnewood Offices

Presenter Dr. Erin Meyer is an Internal Medicine and Pediatric Hospitalist who works in the NICU (Neonatal Intensive Care Unit) at Christiana Hospital. She is also an adoptive mom through Adoptions From the Heart, so she can speak from both the professional and personal angles. She will be discussing the effects of drug and alcohol use during pregnancy on the newborn. Withdrawal symptoms and short and long term effects of exposure will also be discussed. This class is suitable for all prospective and current adoptive parents. There will be plenty of time for your questions.

Philadelphia Office in Wynnewood, PA
September 12th from 6:30-8:30pm

Central PA Office in Lancaster, PA
November 15th from 6:30-8:30pm

Register by 1 week prior to date. Classes fill up quickly. Call the hosting office with any questions.

Wynnewood 610-642-7200 - Central Pa 717-399-7766

New York - Hosted in Brooklyn

Please join us as Dr. Melissa Goldstein, MD from Carnegie Hill Pediatrics speaks about the effects of substance abuse exposure during pregnancy. Time will be spent reviewing the profile key and answering any questions regarding the effect on a child. This is a great opportunity to educate yourself and spend time with a professional working in the field of maternal health. Light refreshments will be served.

Brooklyn Library Williamsburg Branch in Brooklyn, NY
October 17th from 5:30-7:00pm

Register by October 10th. Classes fill up quickly. Call 610-432-2384 with any questions.

Register Online at www.afth.org/education
Navigating Open Adoption: Birth Parent Panel - $10/person and $15/couple
AFTH strongly encourages our families to seek out birth parent voices to learn the open adoption experience from another perspective. This class is a great opportunity to do so. “Listening to all the different birth parents share their diverse feelings and contact levels has really made me think deeply about what open adoption means to everyone in the triad. Because of it, I will be a much better participant in open adoption when we get the call.”

**Virginia Office**
Come together with other prospective and current adoptive families for this unique opportunity. The class will be led by a panel of birth parents and birth grandparents. They will each share their experience with placement and discuss how adoptive families can interact with not just the birth parent but also the extended family as well. The importance of life long connections with a child’s birth family will also be discussed.

**Virginia Office in Chesapeake, VA**
October 7th from Noon-2:00pm
Register by September 30th. Limited seats available. Call 757-361-0008 with any questions.

**Pittsburgh Office**
Please join us for a Birth Parent Panel and hear several birth parents share their adoption stories and details of how they chose their respective adoptive families. Learn about how open adoption affects all parts of the adoption triad. Our panelists are also open to taking questions from families as part of our discussion.

**Squirrel Hill Carnegie Library in Pittsburgh, PA**
October 29th from 1:00-3:00pm
Register by October 22nd. Limited seats available. Call 724-853-6533 with any questions.

Infant & Child Care Classes - $25/person and $35/couple
Child care classes are important for any expecting parent however it can be uncomfortable to be in a traditional class surrounded by pregnant women. Join us for a special child care class exclusively for adoptive parents.

**Central Pennsylvania Office**
This infant care class is especially for adoptive families and it will cover the basics of infant and child care. Join April Stambaugh, a Certified Childbirth Educator, to discuss topics including: newborn appearance, newborn behaviors, diapering and dressing, feeding, umbilical cord care, newborn health and safety basics, when to call your pediatrician, as well as other changes that may come with new parenthood.

**Central PA Office in Lancaster, PA**
Choose from August 28th - October 23rd - December 18th - all classes from 6:30-8:30pm
Register by 1 week prior. Classes fill up without notice. Call 717-399-7766 with any questions.

Register Online at www.afth.org/education